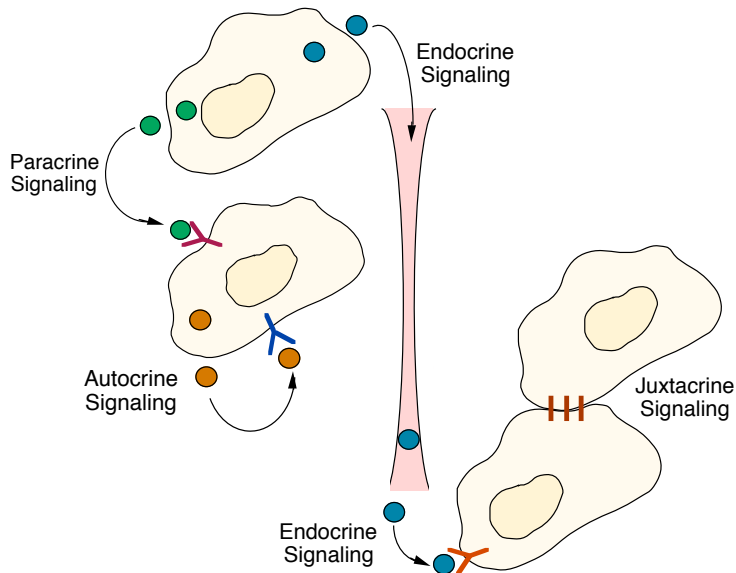


Frontiers in Reproductive Endocrinology  
Serono Symposia International

## Mechanisms of Hormone Action: Peptide Hormones

Kelly Mayo  
Northwestern University

### Mechanisms of Cell Communication



## Emergence of Key Concepts in Hormone Action

### Berthold, 1849

Castrated cockerels and restored male sex characteristics by replacing testes in the abdomen

“Endocrinology”

### Starling, 1905

Stimulation of pancreatic enzyme secretion by humoral factor (secretin) from intestinal extracts

“Hormone”

### Langley, 1906

Action of nicotine and curare on the ‘receptive substance’ of the neuromuscular junction

“Receptor”

### Sutherland, 1962

Glycogen metabolism and hormonal activation of liver phosphorylase enzyme by cAMP

“Second Messenger”

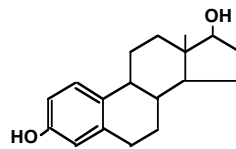
## Structural Diversity in Reproductive Hormonal Signaling Molecules



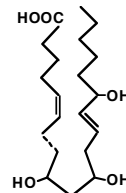
**FSH**  
Protein  
203 aa

pyroGlu  
His  
Trp  
Ser  
Tyr  
Gly  
Leu  
Arg  
Pro  
Gly  
GlyNH2

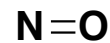
**GnRH**  
Peptide  
10 aa



**Estradiol**  
Steroid  
MW 272

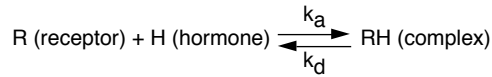


**PGF<sub>2</sub>**  
Eicosanoid  
MW 330



**Nitric Oxide**  
Gas  
MW 30

## Measuring Receptor-Ligand Interaction



$$K_a = \frac{[RL]}{[R][L]} \quad K_d = \frac{[R][L]}{[RL]}$$

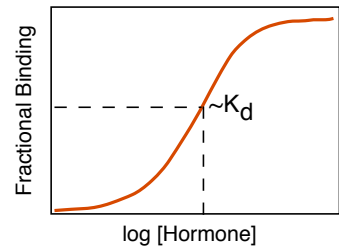
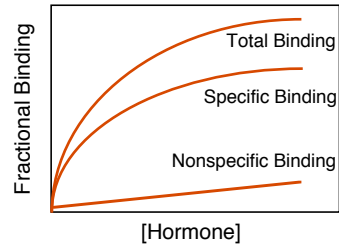
(units are moles<sup>-1</sup>)      (units are moles)

Total R,  $R_T = [R] + [RL]$ , so:  $K_d = \frac{[R_T - RL][L]}{[RL]}$

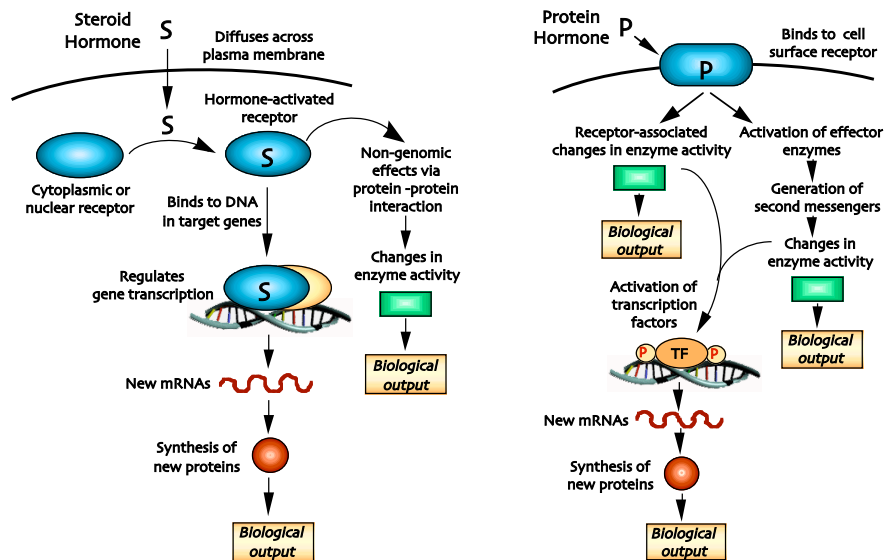
Rearrange to:  $[L] = \frac{[RL](K_d + [L])}{[R_T]}$

Fraction of receptor occupied by ligand:  $\frac{[RL]}{[R_T]} = \frac{[L]}{K_d + [L]} = \frac{1}{1 + \frac{K_d}{[L]}}$

→ At 50% occupancy (1/2),  $K_d = [L]$



## General Mechanisms of Action of Steroid and Peptide Hormones



## Major Classes of Peptide Hormone Receptors

### G Protein-Coupled Receptors

Largest family (>800), Highly Diverse

### Receptor Tyrosine Kinases

"Growth Factor" Receptors

### Receptors that Recruit Tyrosine Kinases

Cytokine Receptors/Stat Pathway

### Receptor Serine/Threonine Kinases

TGF $\beta$ /Smad Pathway

### Developmental Pathway Receptors

Hedgehog/Wnt/DSL Ligands

### "Other Pathways"

Diverse and Growing

## Families of G Protein-Coupled Receptors

### Family A: Rhodopsin-Like Rs

- Group I: Olfactory, Adenosine, Melanocortin Rs
- Group II: Adrenergic, Muscarinic, Serotonin, Dopamine Rs
- Group III: Neuropeptide Rs and Vertebrate Opsins
- Group IV: Bradykinin Rs and Invertebrate Opsins
- Group V: Peptide, Glycoprotein Hormone and Chemokine Rs
- Group VI: Melatonin and Orphan Rs

FSH, LH, Relaxin,  
GnRH  
Receptors

### Family B: Secretin-Like Rs

- Group I: Calcitonin and CRF Rs
- Group II: PTH and PTHrP Rs
- Group III: Glucagon, Secretin, VIP, GHRH Rs

### Family C: Glutamate-Like Rs

- Group I: Metabotropic Glutamate Rs
- Group II: Calcium Sensing Rs
- Group III: Vertebrate Pheromone Rs

### Family D: Fungal Pheromone Rs

- Group I: Alpha Factor Pheromone Rs
- Group II: A Factor Pheromone Rs

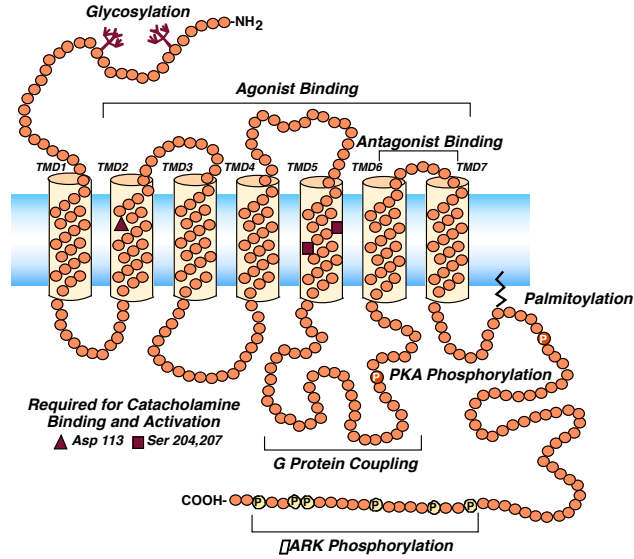
### Family E: cAMP Rs

- Group I: Dictyostelium cAR Rs

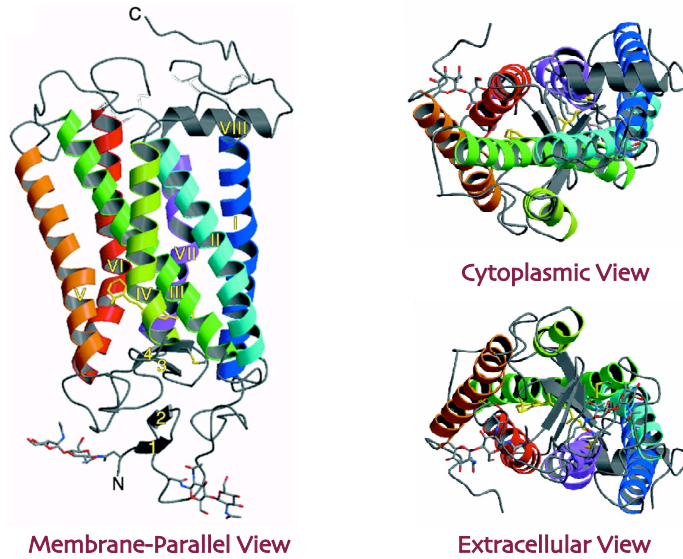
### Frizzled/Smoothed Rs

- Group I: Frizzled Rs
- Group II: Smoothed Rs

## Features of a Prototypical G Protein-Coupled Receptor (GPCR), the $\beta$ -Adrenergic Receptor

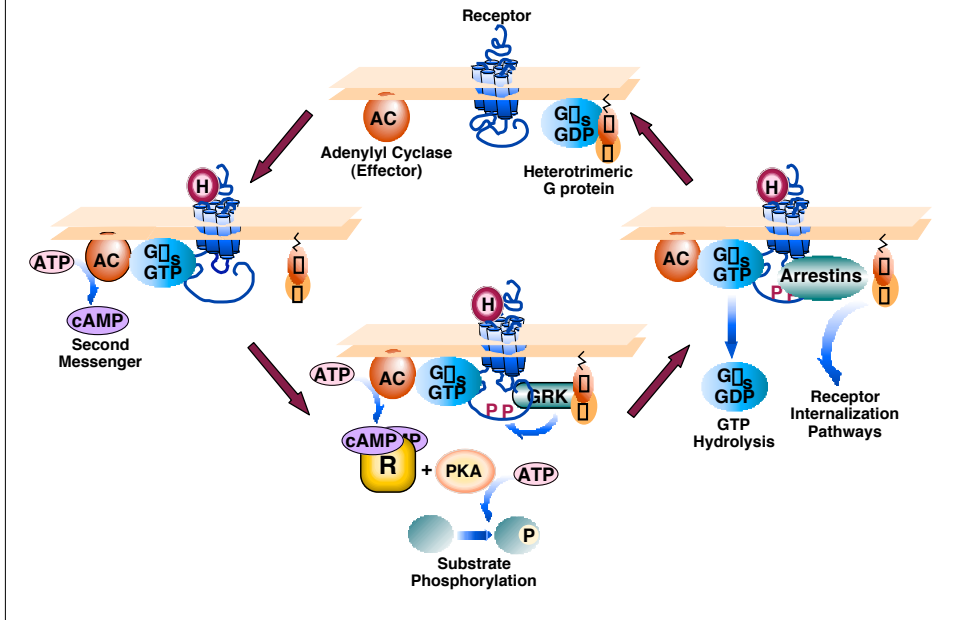


## Structure of a G Protein-Coupled Receptor, Rhodopsin



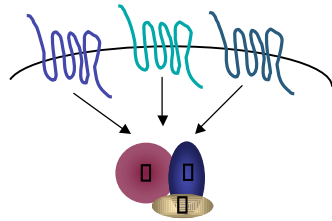
Palczewski et al, Science 289: 739, 2000

## Pathways of G Protein-Coupled Receptor Action



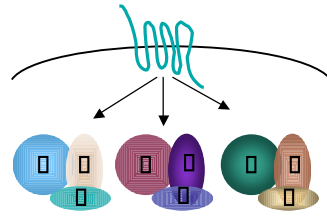
## Diversity and Specificity in G Protein Signaling

Multiple Receptors Activate the Same G Protein

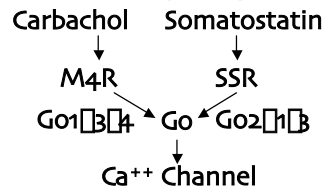


Diverse Actions of G Protein Heterotrimers  
 □ Signaling Diversity ( $G_s$ ,  $G_i$ ,  $G_q$ ,  $G_o$ )  
 □ and □ Effector Activation  
 Combinatorial Assembly  
 20 □, 6 □, 12 □ = 1440 Heterotrimers

One Receptor Activates Multiple G Proteins



G Protein Receptor Specificity



Kleuss et al, Nature 353:43, 1991

## Current Issues in G Protein Coupled Receptor Research

### Receptor Trafficking

Internalization  
GRK Kinases  
RAMP Proteins

### Receptor Signaling

Desensitization  
RGS Proteins  
Non G protein pathways

### Receptor Diversity

Dimerization  
Alternative Splicing  
Modifications

### Receptor Structure

Molecular Modeling  
G Protein Interaction  
Structure Determination

### Therapeutics

Ligand Mimics  
Altered Regulation  
Orphan Receptors  
New Pathways

## Receptors with Intrinsic Kinase Activity or Associated with Kinase Activity

### General Features

Type I Integral Membrane Proteins  
Dimerization Critical to Activation  
Receptor Phosphorylated on Activation  
Signaling Proteins Bind to Phosphorylated Receptor  
Proteins that Suppress Signaling

### Receptor that are Tyrosine Kinases

Growth Factor Receptors  
Insulin Receptor

### Receptors that Recruit Tyrosine Kinases

Cytokine Superfamily Receptors  
Prolactin Receptor

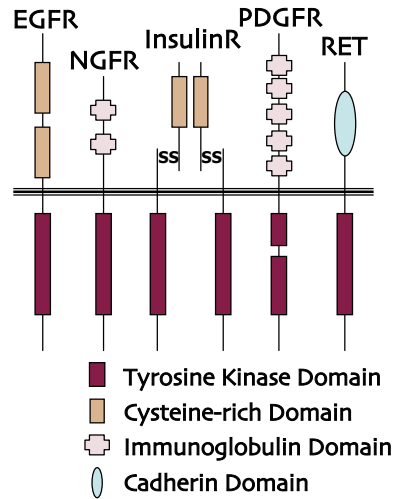
### Receptors that are Serine/Threonine Kinases

TGF $\beta$  Superfamily Receptors  
MIS Receptor

## Receptors that are Protein Tyrosine Kinases

### Examples of RTK Families

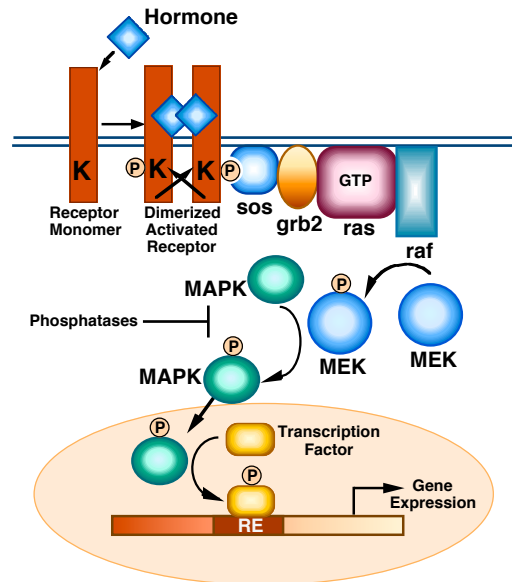
- EGF Receptor Subfamily  
(EGFR, HER2/Neu)
- NGF Receptor Subfamily  
(TrkA, TrkB, TrkC)
- FGF Receptor Subfamily  
(FGFR1-4, Cek2)
- HGF Receptor Subfamily  
(HGFR=MET)
- PDGF Receptor Subfamily  
(PDGFR  $\alpha/\beta$ , VEGFR)
- Insulin Receptor Subfamily  
(InsulinR, IGF-1R)
- EPH Receptor Subfamily  
(Ephrin AR, Ephrin BR)
- ROR Receptor Subfamily  
(RET-GDNF)



## Receptor Tyrosine Kinase Signaling Pathway

### RTK Signaling

- Ligand-induced dimerization
- Receptor phosphorylation
- Effector proteins bind receptor
  - direct enzymatic function
  - adaptor proteins
- Initiation of kinase cascades
- Changes in gene expression
- Phosphatases and negative regulation





## Receptors that Associate with Cytoplasmic Kinases

### Families of Cytokine Receptors

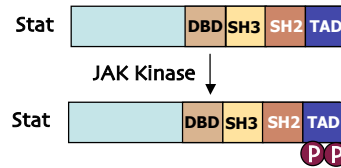
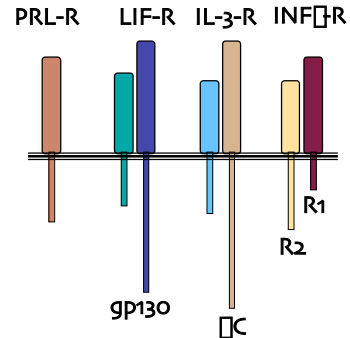
- Type I: Single chain  
(GH, PRL, EPO, TPO)
- Type II: Shared gp130 signaling subunit  
(IL-6, LIF, IL-11, CNTF)
- Type III: Shared gp140, ligand-specific  
(IL-3, IL-5, GM-CSF)
- Type IV: Shared [E], ligand-specific  
(HGFR=MET)
- Type V: Two or more distinct subunits  
(IFN[alpha]/[beta], IFN[gamma])

### Janus Family Kinases

- Jak1 (IL-2, IL-6, G-CSF, INF[alpha]/[beta], INF[gamma])
- Jak2 (GH, PRL, EPO, IL-5)
- Jak3 (IL-2, IL-4, IL-7)
- Tyk2 (IL-6, LIF, INF[alpha]/[beta])

### Stat Proteins

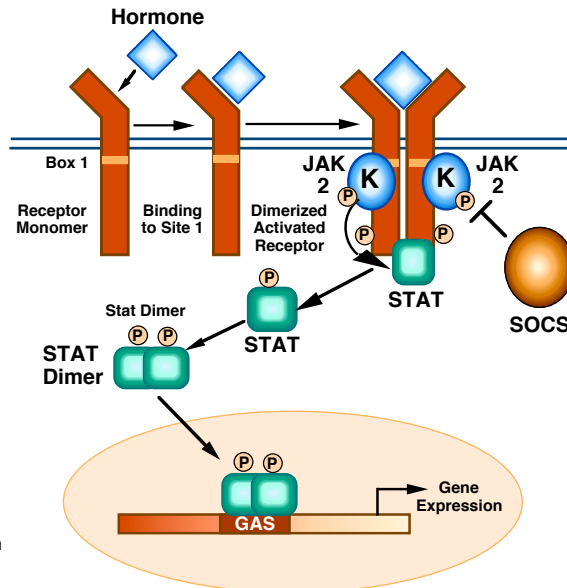
- Stats 2 and 6
- Stats 1, 3, 4, 5A, 5B



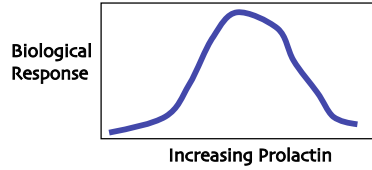
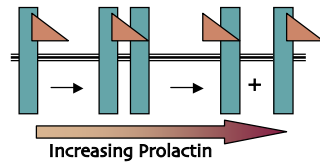
## Cytokine Receptor Signaling Pathway

### Cytokine Signaling

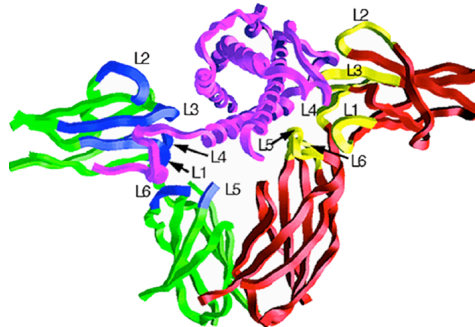
- Ligand-induced dimerization
- Receptor association with JAK kinase
- Receptor phosphorylation
- Effector proteins bind receptor
  - direct enzymatic function
  - STAT proteins
- STATs phosphorylated
- STATs dimerize
- STATs migrate to the nucleus
- Changes in gene expression
- SOCS proteins and negative regulation



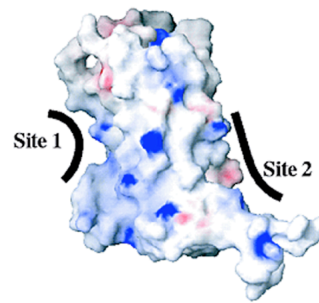
## Prolactin-Induced Receptor Dimerization



oPL-Receptor Complex



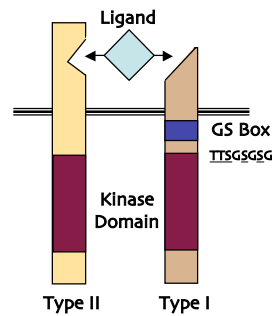
Receptor Interaction Sites on oPL



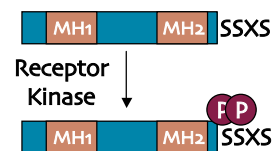
*Elkins et al, Nature Structural Biology 7:808, 2000*

## Receptors with Serine/Threonine Kinase Activity

Ligand	Type II Receptor	Type I Receptor
TGF- $\beta$	T $\beta$ R-II	T $\beta$ R-I
Activin	ActR-IIB	ActR-IB
MIS	AMHR	ActR-I
BMP2	BMPR-II	BMPR-IA
BMP7	ActR-II	BMPR-1B
GDF5	ActR-IIB	ActR-I
Dpp	Punt	Tkv, Sax



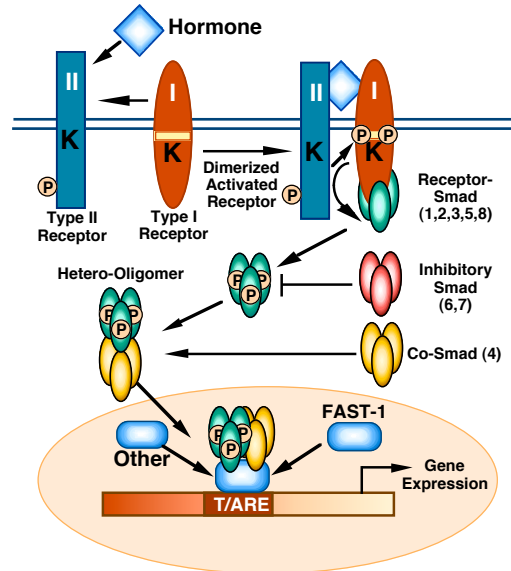
Receptor Smads	Co-Smads	Inhibitory Smads
1,2,3,5,8 Mad Sma2,3	Smad 4 Medea Sma-4	Smads 6,7 Dad



## Serine/Threonine Receptor Signaling Pathway

### TGF $\beta$ Family Signaling

- Ligand binds to type II receptor
- Type I and II receptor associate
- Type I receptor phosphorylation
- Effector proteins bind receptor
  - direct enzymatic function
  - Smad proteins
- Smads phosphorylated
- Smads heterodimerize
- Smads migrate to the nucleus
- Smads bind other TFs
- Changes in gene expression
- Inhibitory Smads and negative regulation



## Some Key Developmental Signaling Pathways

Ligand	Receptor	To Nucleus	Partner	Comments
Delta/Serrate/Lag2	Notch	Notch (Cytoplasmic Domain)	CSL	Receptor proteolysis CSL Repressor to Activator
Wnt Family	Frizzled	$\beta$ -catenin	LEF/TCF	$\beta$ -catenin stabilized TCF Repressor to Activator
Hedgehog (Shh,Dhh,Ihh)	Patched	Ci/Gli (Full-Length)	CBP	Patched/Smoothed Complex Ci-75 Repressor in Basal State

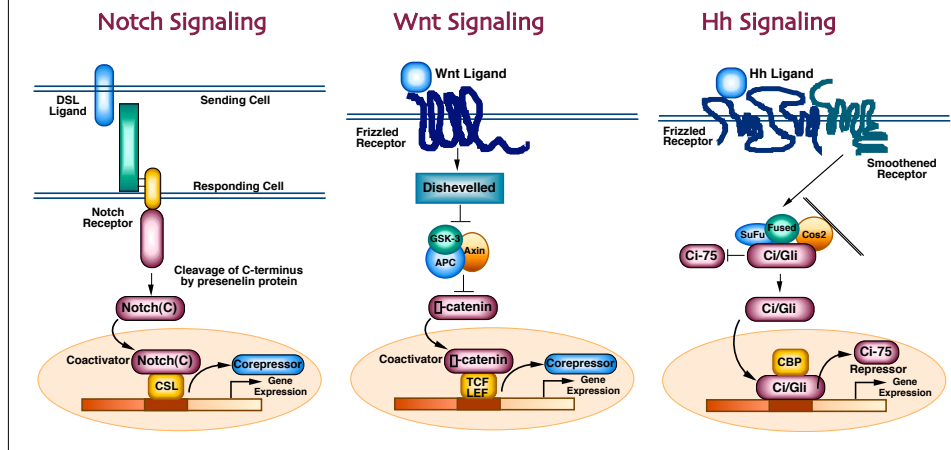
Notch: Oogenesis in *Drosophila* (expressed in mammalian ovary)  
 Notch2: Placental trophoblast development

Wnt4: Roles in gametogenesis, Mullerian duct development  
 Wnt5a: Development of the external genitalia  
 Wnt7a: Development of the oviduct and uterus

Dhh: Maturation of testis, Sertoli-Leydig cell interactions  
 Shh: Pituitary cell type determination

## Commonalities in Developmental Signaling Pathways

Families of related ligands  
 Involvement of proteolysis  
 Signaling to the nucleus  
 Switching from repression to activation



## Additional Pathways of Peptide Hormone Action

### Plasmaprotein Receptors

LDL-R, Transferrin-R, M6P/IGF-II-R  
 Endocytosed, deliver cargo to lysosome  
 Recycled to cell surface, highly regulated

### Ligand-Gated Ion Channels

nACh-R, GABA-R, Glutamate-R, ATP-R  
 Multisubunit, 4 TMD proteins  
 Major targets for therapeutics

### Tumor Necrosis Factor Receptors

Lead to caspase activation and apoptosis  
 TNFR1/Fas signal via death domain  
 TNFR2/CD40 signal via TRAF proteins

### Guanylyl Cyclase Receptors

Inactive kinase/active guanylyl cyclase domains  
 Sperm receptors for egg peptides in sea urchin  
 Mammalian natriuretic peptides and enterotoxins

### Tyrosine Phosphatase Receptors

Transmembrane tyrosine phosphatases  
 Ligands unknown, cell-cell interactions  
 Activate signaling via src family kinases

### Receptors Activating NF- $\kappa$ B

Interleukin-1 and TNF receptors  
 Leads to activation of I $\kappa$ B kinase  
 Major pathway of inflammation

## Mutations of Hormones, Receptors and Signaling Proteins in Reproductive Disease

### Hormones

FSH	Delayed puberty, primary amenorrhea in females; male hypogonadism
LH	Luteal insufficiency, infertility in female; delayed puberty, azoospermia in male
MIS	Persistence of Mullerian duct derivatives in males

### Receptors

GnRH-R	Partial to complete hypogonadotropic hypogonadism, males and females
FSH-R	Primary or secondary amenorrhea in females, variable/mild oligospermia in males
LH-R (Loss)	Amenorrhea or oligomenorrhea in females, range of defects to complete feminization in males
LH-R (Gain)	Male-limited precocious puberty, no phenotype in females
Estrogen R	Normal puberty, tall stature and unfused epiphyses in male
Androgen R	Many mutations, broad range of phenotypes to complete feminization in males
MIS R-II	Persistence of Mullerian duct derivatives in males
RET	Multiple endocrine neoplasia type 2

### Signaling Proteins

Gs protein $\square$	McCune-Albright Syndrome (gain), male precocious puberty (loss/gain)
Gi protein $\square$	Ovarian and adrenal tumors?
Smads	Mutations in many cancers, including Smad4 mutation in seminoma testicular germ cell tumor

### Transcription Factors

Dax-1	Hypogonadotropic hypogonadism/adrenal failure in male
SF-1	XY sex reversal/adrenal failure
Prop-1	Variable hypogonadotropic hypogonadism in males and females

## Additional Readings on Peptide Hormone Action

- Hunter (2000) Signaling: 2000 and beyond. *Cell* 100:113.
- Brivanlou and Darnell (2002) Signal transduction and the control of gene expression. *Science* 295:813.
- Scott and Pawson (2000) Cell communication: the inside story. *Sci Am* 282:72.
- Hsu and Hsueh (2000) Discovering new hormones, receptors and signaling mediators in the genomic era. *Mol Endocrinol* 14:594.
- Pierce et al (2002) Seven-transmembrane receptors. *Nat Rev Mol Cell Biol* 3:639.
- Wess (1997) G protein-coupled receptors: molecular mechanisms involved in receptor activation and selectivity of G protein activation. *FASEB J* 11:346.
- Van der Gerr et al (1994) Receptor protein tyrosine kinases and their signal transduction pathways. *Ann Rev Cell Biol* 10:251.
- Schlessinger (2000) Cell signaling by receptor tyrosine kinases. *Cell* 103:211.
- Touw et al (2000) Signaling mechanisms of cytokine receptors and their perturbances in disease. *Mol Cell Endocrinol* 160:1.
- Levy and Darnell (2002) Stats: transcriptional control and biological impact. *Nat Rev Mol Cell Biol* 3:651.
- Massague (1998) TGF- $\beta$  signal transduction. *Ann Rev Biochem* 67:753.
- Wrana and Attisano (2000) The Smad pathway. *Cyt Growth Factor Rev* 11:5.
- Moon et al (2002) The promise and perils of Wnt signaling through  $\beta$ -catenin. *Science* 296:1644.
- Locksley et al (2001) The TNF receptor superfamilies: integrating mammalian biology. *Cell* 104:487.
- Tamura (2001) The regulation and physiological roles of guanylyl cyclase receptors. *Endocrin J* 48:611.
- Li and Stark (2002) NF-kappaB dependent signaling pathways. *Exp Hematol* 30:285.
- Tonks (1996) Protein tyrosine phosphatases and the control of cell signaling. *Adv Pharmacol* 36:91.
- Acherman and Jameson (1999) Fertility and infertility: genetic contributions from the HPA axis. *Mol Endocrinol* 13:812.